

**St. Edmund's and St. Thomas' Catholic Primary School PE Curriculum Map 2022 - 23**

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Nursery</b>	<b>Fine Motor skills</b>	<b>Gymnastics - Travelling, Stopping, and Making Shapes</b>	<b>Yoga</b>	<b>Gymnastics - Parts High &amp; Parts Low</b>	<b>Multi Skills 2</b>	<b>Multi Skills 2</b>
	<b>Dance - 4 Steps and Rhythm</b>	<b>Fundamental Movement Skills</b>	<b>Multi Skills 1</b>	<b>Fundamental Movement Skills</b>	<b>Multi Skills 2</b>	<b>Multi Skills 2</b>
<b>Reception</b>	<b>Fine Motor skills</b>	<b>Fundamental Movement Skills 1</b>	<b>Locomotion 2</b>	<b>Gymnastics - Flight - Bouncing, Jumping &amp; Landing</b>	<b>Athletics 1</b>	<b>Athletics 1</b>
	<b>Dance - 4 Steps and Rhythm</b>	<b>Gym - Rocking &amp; Rolling</b>	<b>Dance - Seasons</b>	<b>Fundamental Movement Skills 1</b>	<b>Invasion Game Skills 1</b>	<b>Striking &amp; Fielding Game Skills 1</b>
<b>Year One</b>	<b>Gymnastics - Balancing &amp; spinning on Points &amp; Patches</b>	<b>Fundamental Movement Skills 2</b>	<b>Invasion Game Skills 1</b>	<b>Fundamental Movement Skills 3</b>	<b>Striking &amp; Fielding Game Skills 1</b>	<b>Athletics 2</b>
	<b>Locomotion 2</b>	<b>Dance - Animals</b>	<b>Gymnastics - Wide, narrow &amp; curled rolling &amp; balancing</b>	<b>Dance - Mini Beasts</b>	<b>Athletics 2</b>	<b>Striking &amp; Fielding Game Skills 2</b>

Year Two	Gymnastics - Pathways: straight, zipzag & curving	Fundamental Movement Skills 2	Gymnastics - Spinning, turning & twisting	Dance - Under the Sea	Athletics 2	Athletics 2
	Health and Fitness	Dance - Pirates	Invasion Game Skills 2	Fundamental Movement Skills 3	Target Games 3	Striking & Field Game Skills 2
Year Three	Tag Rugby	Dodgeball	Gymnastics - Linking movements together	Gymnastics - Receiving body weight	Athletics	Cricket
	Health Related Fitness	Dance - Dance Around the World	Swimming	Badminton Swimming	Rounders Swimming	Athletics, Swimming
Year Four	Swimming	Dodgeball, Swimming	Gymnastics - Arching and bridges	Gymnastics - Partner work - Pushing and pulling	Athletics	Athletics
	Tag Rugby	Dance - Dance Around the World	Badminton	Netball	Street Dance	Cricket
Year Five	Health and Fitness	Dance - British Values	Gymnastics - Matching, mirroring & contrast	Gymnastics - Partner work - under and over	Athletics	Street Dance
	Tag Rugby	Hockey	Badminton	Football	Cricket	Athletics

<b>Year Six</b>	<b>Tag Rugby</b>	<b>Hockey</b>	<b>Gymnastics - Group Sequencing</b>	<b>Dodgeball</b>	<b>Athletics, Catch up Swimming</b>	<b>Tennis</b>
	<b>Gymnastics - Counter-balance &amp; counter tension</b>	<b>Dance - Dance through the ages</b>	<b>Badminton, OAA</b>	<b>Dance - Dance through the ages</b>	<b>Cricket</b>	<b>Volleyball</b>