



## **St Edmund's and St Thomas' Catholic Primary School**

### **PE Curriculum Statement**

**Subject Leader – Alison Pritchard**

#### **Intent**

At St Edmund's and St Thomas' Catholic Primary School we aim to inspire an active generation. We believe we achieve this through our enriched and inclusive PE curriculum; which enables our children to flourish in a variety of physical activities and sports. We believe this is essential for their physical, social and mental development. All of our children benefit from our provision; whether enhancing an existing skill, learning a new skill or being introduced to new sports, activities, clubs and organisations. We are committed to providing our children with the opportunity to participate in competitive sports and games, either through our school intra-house competitions or by representing the school in competitions with local schools or schools across the Liverpool City Region.

The aims of our PE curriculum are to develop pupils who:

- Are able to develop fundamental skills and then practise the skills in a range of different activities and situations (individually, in small groups and in teams) and then apply these skills in different contexts to achieve high levels of performance
- Have and maintain good levels of physical fitness
- Lead a healthy lifestyle which is achieved by eating sensibly, being aware of the dangers of drugs, smoking and alcohol and exercising regularly
- Are able to remain physically active for sustained periods of time and understand the importance of this in promoting long-term health and well-being
- Become excellent young leaders, organising and officiating, and evaluating what needs to be done to improve, and motivating and instilling excellent sporting attitudes in others
- Employ imagination and creativity in their techniques, tactics, gymnastic routines and choreography
- Are able to evaluate and suggest ways to improve their own and others' performance;
- Can work independently for extended periods of time
- Have a keen interest in PE evidenced by a willingness to participate eagerly in every lesson, demonstrate positive attitudes and have the ability to make informed choices about engaging fully in extracurricular sport
- Can swim at least 25 metres before the end of Year 6 and know how to remain safe in and around water.

#### **Implementation**

Our PE Curriculum ensures the requirements of the National Curriculum and EYFS Framework are met. The plans ensure there is progression of knowledge and skills in the different physical activity areas. The sequences of lessons ensure skills and knowledge are regularly revisited.

A wide range of sports and activities are taught, from Nursery to Year 6, enabling pupils to develop their knowledge and skills in physical education in a variety of different areas.

Our highly experienced and specialised Sports Coach teaches PE across our school. Teachers with specialisms in dance and gymnastics contribute to the curriculum offer. Staff work alongside our Sports

Coach. This approach ensures pupils receive high quality Physical Education and staff receive quality CPD whilst the sessions are being delivered. Swimming lessons are organised for Y3 and Y4 pupils , with catch up lessons for some Y6 pupils.

A wide variety of sports clubs are provided alongside gymnastics and dance club. These are provided by our resident sports coach, class teachers or external coach. We also provide some “Girls Only” clubs (e.g. football, multi sports), to encourage participation.

Pupils are encouraged to take part in competitive sport. Each term the pupils compete in a variety of different sports. At the end of the school year pupils also compete in a competitive school games event. Each pupil is given points to add to their house total. PE Ambassadors are recruited from the Year 5 and 6 pupils each year. They help to coach, organise and officiate the sporting events during the school year.

We also facilitate and encourage pupils to apply their skills and knowledge in competitions against other schools. Pupils from Year 1 to Year 6 take part in team games competitions through the School Games programme. We also affiliate with the Liverpool and District Catholic Schools Primary Sports programme and the Bootle and District Football League. We organise and run the Sefton Primary Schools Cross Country League which is open to all primary school pupils in Sefton. Sports that we compete in during the academic year include: cross country, athletics, sports hall athletics football (Y1 – Y6), netball, cricket, hockey, dodgeball, tennis, tag-rugby, multi skills and gymnastics.

## **Impact**

**Pupils will be equipped with the necessary skills that will enable them to progress to and access the curriculum in the next key stage.**

If children are keeping up with the curriculum, they are deemed to be making good or better progress.

The impact of our P.E curriculum is also measured in the uptake of our extra-curricular sports school clubs and participation in inter school sports competitions. Each year we aim for 75% of KS2 pupils to have attended a sports club or competed against another school in a sport.

External measures are also used to measure the impact of our P.E curriculum. Each year we apply for the School Games Award. This recognises high quality provision in school with either a bronze, silver or gold award. We have achieved the Gold Award for our high quality physical education and school sport.

There will be no significant gaps in the progress of different groups of pupils (e.g. disadvantaged vs non-disadvantaged).