



The National
Autistic Society

Information sheet

Information sheets and leaflets available from the Autism Helpline

SYMBOLS

- + = Leaflet available from the Autism Helpline (for bulk orders contact NAS Publications)
- * = Available as a free information sheet from the Autism Helpline or to order as a booklet from NAS Publications
- @ = Available on the NAS website or to order as a booklet from NAS Publications

Autism and Asperger syndrome

Adolescents and adults with autism spectrum disorders: resources for parents and professionals
<http://www.autism.org.uk/27562>

ASD jargon

Asperger syndrome: a selective guide to books and other resources
<http://www.autism.org.uk/15346>

Attention Deficit Hyperactivity Disorder and autism
<http://www.autism.org.uk/15354>

Autism: a selective guide to books and other resources
<http://www.autism.org.uk/15345>

Basic guidelines for parents with a child with an ASD

High functioning autism and Asperger syndrome: what's the difference
<http://www.autism.org.uk/18325>

The genetics of autism spectrum disorders: a briefing
<http://www.autism.org.uk/24984>

A GP's guide to adults with Asperger syndrome +
<http://www.autism.org.uk/14109>

Pathological demand avoidance
<http://www.autism.org.uk/15355>

Patients with autism spectrum disorders: guidance for health professionals
<http://www.autism.org.uk/18322>

Recognising autistic spectrum disorder
<http://www.autism.org.uk/14110>

Resources for adults with Asperger syndrome
<http://www.autism.org.uk/27405>

Semantic Pragmatic Disorder
<http://www.autism.org.uk/20591>

Statistics: how many people have autism spectrum disorders? <http://www.autism.org.uk/007874>

What is Asperger syndrome +
<http://www.autism.org.uk/asperger>

What is autism? + <http://www.autism.org.uk/autism>

Your autism charity

The National Autistic Society Information Centre produces information sheets on a wide variety of topics and can provide customised reference lists in response to individual requests. The lists are extracted from Autism Data, our database which contains over 25,000 books and articles from the autism field. This service is particularly useful for those wanting to research a specific subject thoroughly.

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The National Autistic Society
393 City Road
London EC1V 1NG
T: 020 7833 2299
E: nas@nas.org.uk
www.autism.org.uk
Helpline: 0808 800 4104
Information centre direct line:
+ 44 (0)20 7903 3599

Approaches, interventions and therapies

Applied behavioural analysis (ABA)

Auditory Integration Training

Before choosing an approach:
<http://www.autism.org.uk/26567>

Computers: applications for people with autism

Counselling

Daily Life Therapy: Higashi

Diet and vitamins: therapeutic approaches for autism

Dolphin therapy

Looking for a counsellor or psychotherapist

Lovaas

Medication and autism spectrum disorders

Music therapy

The National Autistic Society help! programme

Organising, sequencing and prioritising
<http://www.autism.org.uk/31133>

The sensory world of autism *
<http://www.autism.org.uk/15691>

Serotonin

The Son-Rise Program

SPELL <http://www.autism.org.uk/10924>

TEACCH (parent version)

TEACCH (professionals' version)
<http://www.autism.org.uk/006197>

Behaviour

Anxiety in adults with an autism spectrum disorder
<http://www.autism.org.uk/24202>

Autism spectrum disorders and self-injurious behaviour
<http://www.autism.org.uk/17371>

Behaviour guidelines
<http://www.autism.org.uk/19044>

Behaviour: common questions answered (only on website) <http://www.autism.org.uk/behaviourfaq>

Biting <http://www.autism.org.uk/18591>

Challenging behaviours and ASD
<http://www.autism.org.uk/25375>

Change: preparing a person with an autism spectrum disorder for change
<http://www.autism.org.uk/24204>

Dietary management for children and adolescents with autism spectrum disorders – Over eating
<http://www.autism.org.uk/20601>

Dietary management for children and adolescents with autistic spectrum disorders - Restricted diet
<http://www.autism.org.uk/20602>

Obsessions, repetitive behaviours and routines
<http://www.autism.org.uk/18352>

Sleep and autism: helping your child
<http://www.autism.org.uk/10225>

Toilet-training <http://www.autism.org.uk/18375>

Benefits and finance

The abolition of adult Disability Living Allowance
<http://www.autism.org.uk/30699>

Benefit appeals
<http://www.autism.org.uk/29360>

Benefits: which benefits am I entitled to?
<http://www.autism.org.uk/23630>

Blue badge scheme: a guide for parents and carers
<http://www.autism.org.uk/12229>

Blue badge scheme: example of a parental supporting letter

Blue badge supporting letter

Borrowing money and managing debt
<http://www.autism.org.uk/23623>

Carer's Allowance <http://www.autism.org.uk/19043>

Disabled Students Allowance supporting letter

DLA (Disability Living Allowance): tips for parents and carers <http://www.autism.org.uk/18330>

DLA (Disability Living Allowance): what is it? <http://www.autism.org.uk/11808>

DLA – guidance for adults with ASD completing the form <http://www.autism.org.uk/17998>

DLA: high rate mobility for children with an ASD <http://www.autism.org.uk/23629>

DLA: keeping a diary <http://www.autism.org.uk/26822>

Employment and Support Allowance <http://www.autism.org.uk/23627>

Employment and Support Allowance and the Work Capability Assessment <http://www.autism.org.uk/29359>

Financial provision by way of settlement or will for people with autism

Home improvements and equipment: funding <http://www.autism.org.uk/15357>

Income Support: a guide to calculating and claiming <http://www.autism.org.uk/26575>

Managing your money <http://www.autism.org.uk/23624>

Personal independence payment <http://www.autism.org.uk/30701>

Reassessment of incapacity benefits <http://www.autism.org.uk/26974>

Social security benefits for older people <http://www.autism.org.uk/30845>

Communication

Basic guidelines for interviewing a child with an autism spectrum disorder

Communication and interaction <http://www.autism.org.uk/18350>

Makaton

Picture symbols: for professionals and students

Social and communicative interactions in autism spectrum disorders

Social isolation <http://www.autism.org.uk/30863>

Social stories and comic strip conversations <http://www.autism.org.uk/16261>

Speech and language therapy

Visual supports <http://www.autism.org.uk/24388>

Community Care and Respite

Carer's rights <http://www.autism.org.uk/25606>

Care and support services for adults with autism <http://www.autism.org.uk/15359>

Care services: complaints and remedies (England) <http://www.autism.org.uk/23926>

Charging for community care services in England <http://www.autism.org.uk/31174>

Community Care: a guide for adults with autism spectrum disorders and their carers – (England) <http://www.autism.org.uk/17377>

Community Care in Northern Ireland: children and adults <http://www.autism.org.uk/28255>

Community Care in Wales: a guide for adults with autism spectrum disorders and their carers <http://www.autism.org.uk/30343>

Complaints about the NHS – children's procedure (England, Scotland, Wales and Northern Ireland) <http://www.autism.org.uk/23991>

Direct Payments – a brief guide for parents and carers of children with ASD <http://www.autism.org.uk/19042>

Direct Payments: a guide for adults and young people who have an ASD <http://www.autism.org.uk/20535>

Disability related expenditure worksheet <http://www.autism.org.uk/31174>

Introduction to charging for community care services in England <http://www.autism.org.uk/31174>

Making a complaint: useful tips <http://www.autism.org.uk/28164>

Person-centred planning
<http://www.autism.org.uk/21282>

Scotland social work: children and adults
<http://www.autism.org.uk/17740>

Self-directed support
<http://www.autism.org.uk/24618>

Self-directed support: myths busted
<http://www.autism.org.uk/28707>

Social services: getting help for your child
(England and Wales)
<http://www.autism.org.uk/17378>

Criminal justice

ASD and prison

Autism spectrum disorders: a guide for criminal
justice professionals (web only)
<http://www.autism.org.uk/cjp>

Being a victim or witness of a crime (with 'What's
my story?')

Criminal justice system and ASDs
<http://www.autism.org.uk/17130>

Diagnosis

Asperger syndrome: broaching the subject

Diagnosis of autism: a brief guide for health
professionals + <http://www.autism.org.uk/10066>

Diagnosis: how can it benefit me as an adult?
(formerly Why get a diagnosis as an adult?)
<http://www.autism.org.uk/18332>

Diagnosis: the process for adults (formerly
Gaining a diagnosis in adulthood)
<http://www.autism.org.uk/18378>

Diagnosis: what to expect
<http://www.autism.org.uk/23620>

Diagnostic options in autism: a guide for health
professionals

Telling a child about their diagnosis
<http://www.autism.org.uk/23604>

What next? Moving on from diagnosis (a guide for
adults) +

Education – general

Autism spectrum disorders: a resource pack for
school staff @ <http://www.autism.org.uk/24999>

Bullying: a guide for parents
<http://www.autism.org.uk/18331>

Bullying: a guide for young people with an autism
spectrum disorder <http://www.autism.org.uk/23602>

Circle of friends <http://www.autism.org.uk/16877>

Classroom and playground: support for children
with autism spectrum disorders
<http://www.autism.org.uk/29638>

Colleges for students with autism or Asperger
syndrome <http://www.autism.org.uk/18326>

Education and autism: a selective guide to
resources <http://www.autism.org.uk/15361>

Exams: guidelines for teachers and parents of
young people with an autism spectrum disorder
<http://www.autism.org.uk/29230>

Home education <http://www.autism.org.uk/23635>

Moving from primary to secondary school:
guidelines for pupils with autistic spectrum
disorders * <http://www.autism.org.uk/23699>

The needs of students with autism or Asperger
syndrome in further and higher education
<http://www.autism.org.uk/15693>

Student support information

Supporting children with an autistic spectrum
disorder (ASD) with homework
<http://www.autism.org.uk/25541>

Understanding difficulties at breaktime and
lunchtime @ <http://www.autism.org.uk/16836>

University: choosing and applying
<http://www.autism.org.uk/18455>

University: starting <http://www.autism.org.uk/20552>

University: how to support students with Asperger
syndrome <http://www.autism.org.uk/18333>

Working with an Asperger pupil in secondary schools @ <http://www.autism.org.uk/17005>

Education – England and Wales

Annual review (England and Wales)

Choosing a school in England and Wales
<http://www.autism.org.uk/10919>

Disability discrimination in education (England and Wales) <http://www.autism.org.uk/20661>

Education advocacy tips for parents (England and Wales) <http://www.autism.org.uk/18451>

Education jargon (England and Wales)
<http://www.autism.org.uk/17385>

Education legislation and guidance: a guide to resources (England & Wales)

Fixed term exclusion (England and Wales)
<http://www.autism.org.uk/19716>

Getting extra help in school (England and Wales)
<http://www.autism.org.uk/17386>

Individual education plans (IEP) (England and Wales) <http://www.autism.org.uk/17513>

Permanent exclusion (England)
<http://www.autism.org.uk/19717>

Permanent exclusion (Wales)
<http://www.autism.org.uk/29649>

Statements of special educational needs (England and Wales) <http://www.autism.org.uk/13515>

Statutory assessment (England and Wales)
<http://www.autism.org.uk/13516>

Transition planning at the age of 14 (England and Wales) <http://www.autism.org.uk/17370>

Transport from home to school (England)
<http://www.autism.org.uk/24253>

Education – Northern Ireland

Education: advocacy tips for parents (Northern Ireland) <http://www.autism.org.uk/29729>

Education: checking statements - a summary (Northern Ireland) <http://www.autism.org.uk/29735>

Education: checking statements of special educational needs (Northern Ireland)
<http://www.autism.org.uk/29731>

Education: getting a statement of special educational needs (Northern Ireland)
<http://www.autism.org.uk/29732>

Education: getting extra help in school (Northern Ireland) <http://www.autism.org.uk/23631>

Education: statutory assessment (Northern Ireland) <http://www.autism.org.uk/29733>

Education: terms you may hear (Northern Ireland)
<http://www.autism.org.uk/29730>

Education: understanding the SEN system in Northern Ireland <http://www.autism.org.uk/29734>

Education - Scotland

Additional support needs (Scotland)
<http://www.autism.org.uk/19619>

Co-ordinated Support Plan (CSP) (Scotland)
<http://www.autism.org.uk/19620>

Disability discrimination (Scotland)
<http://www.autism.org.uk/20543>

Education advocacy tips for families (Scotland)
<http://www.autism.org.uk/19219>

Education jargon (Scotland)
<http://www.autism.org.uk/19220>

Education legislation: a guide to resources (Scotland)

Independent adjudication (Scotland)
<http://www.autism.org.uk/23632>

Individualised educational programme (IEP) (Scotland) <http://www.autism.org.uk/20540>

Mediation (Scotland)
<http://www.autism.org.uk/20541>

Placing requests (Scotland)
<http://www.autism.org.uk/20542>

Transition (Scotland)
<http://www.autism.org.uk/24387>

Employment

Bullying in the workplace

<http://www.autism.org.uk/23601>

Employment: tips for interviewing people with autism or Asperger syndrome

<http://www.autism.org.uk/15692>

Looking for Staff? +

Managing someone with an ASD

<http://www.autism.org.uk/23708>

Recruiting someone with an ASD

<http://www.autism.org.uk/23707>

The undiscovered workforce: looking for a job

<http://www.autism.org.uk/17583>

The undiscovered workforce: looking for staff

<http://www.autism.org.uk/17583>

Holidays

Holidays: autism-friendly venues

<http://www.autism.org.uk/007903>

Holidays: preparation and practicalities

<http://www.autism.org.uk/18059>

Information for partners

Help for partners – some frequently asked questions <http://www.autism.org.uk/22520>

Partners of people with Asperger syndrome – a guide <http://www.autism.org.uk/26571>

Information for students

Asperger syndrome in your classroom (information for classmates)

<http://www.autism.org.uk/18320>

Autism: information for HE students studying the condition <http://www.autism.org.uk/20538>

Autism: information sheet for secondary school and college students

<http://www.autism.org.uk/17391>

Autism worksheet for primary schools

<http://www.autism.org.uk/18324>

NAS Services and resources

Autism Accreditation

Autism Data: a brief guide to searching (info sheet not currently available, under revision)

Autism Helpline

Autism Services Directory: searching techniques

Employment at the NAS: opportunities for a career <http://www.autism.org.uk/15464>

Information, advice and support for adults with autism and their parents and carers +

Information, advice and support for parents and carers of children with autism +

NAS Information Centre +

Signpost

Social skills

Social skills for adolescents and adults

<http://www.autism.org.uk/socialskills>

Social skills in young children

<http://www.autism.org.uk/18453>

Vaccinations

MMR fact sheet

Other

Advocacy and autism

<http://www.autism.org.uk/18589>

Application for personal liability insurance

Autism: a guide for activity leaders and sports instructors <http://www.autism.org.uk/23143>

Autism: books and DVDs for children and young people <http://www.autism.org.uk/18321>

Autism spectrum disorders and hearing impairments <http://www.autism.org.uk/25568>

Autism worksheet for brownies, cubs and other clubs <http://www.autism.org.uk/23603>

Christmas and autism spectrum disorders <http://www.autism.org.uk/16876>

Courses for professionals in autism and other related topics <http://www.autism.org.uk/16562>

Death and bereavement <http://www.autism.org.uk/17129>

Dentist: preparing for a visit * <http://www.autism.org.uk/17369>

Dentists: supporting adults with autism <http://www.autism.org.uk/18261>

Designing websites suitable for people with autism spectrum disorders <http://www.autism.org.uk/23633>

Doctor: preparing for a visit <http://www.autism.org.uk/19827>

Driving <http://www.autism.org.uk/20551>

Environment and surroundings: making them autism-friendly * <http://www.autism.org.uk/18450>

Early years and autism *

Families: the impact of autism

Families: supporting brothers and sisters <http://www.autism.org.uk/16720>

Grandparents <http://www.autism.org.uk/20544>

Guidelines for airline staff

Hairdressers: preparing for a visit <http://www.autism.org.uk/18354>

Housing options: an introduction for people with autism and their families <http://www.autism.org.uk/20590>

Housing options for older people with autism <http://www.autism.org.uk/31126>

Lasting power of attorney <http://www.autism.org.uk/23605>

Mental health in people with autism and Asperger syndrome: a guide for health professionals * <http://www.autism.org.uk/15350>

Moving house * <http://www.autism.org.uk/18456>

Parents of adults with autism: your rights <http://www.autism.org.uk/20546>

Professionals in autism: a guide for parents and carers (formerly Who can help? Professionals involved in autism) <http://www.autism.org.uk/19844>

Religion: going to a place of worship <http://www.autism.org.uk/20594>

Sex education and children and young people with autism spectrum disorders <http://www.autism.org.uk/17079>

Shopping: strategies to help * <http://www.autism.org.uk/17368>

Understanding a parent with autism: a guide for young people <http://www.autism.org.uk/23616>

For a copy of any of the above information sheets or free leaflets please contact the Autism Helpline. **Please note that the Helpline can only send out a maximum of 5 information sheets at any one time.** Helpline Advisers are available to discuss any of the above issues.

@ Available on the NAS website at www.autism.org.uk
+ Leaflet available from the Autism Helpline (for bulk orders contact NAS Publications)

* Available as a free information sheet from the Autism Helpline or to order as a booklet from NAS Publications

If you require further information please contact the NAS Autism Helpline, tel: 0808 800 4104
autismhelpline@nas.org.uk
Text your name, address and title of the information sheet you require to 07903 200200

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London E9 5LN
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